



Walking Holidays in Britain's most Beautiful Landscapes

t: 017687 72335

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Lady Anne's Way

Lady Anne's Way is a classic long distance walk extending for 100 miles from the rugged limestone countryside of the Yorkshire Dales, to the unspoilt villages of the Eden Valley. The trail was conceived as a tribute to Lady Anne Clifford, who devoted her life to the restoration of her castles, churches and monuments along this route in the 17th Century. From Skipton Castle in North Yorkshire the path runs north to the ruins of Brougham Castle on the outskirts of Penrith. The Way takes in sections of the Dales Way in Wharfedale and the ancient green lane known as Lady Anne's Highway along Mallerstang, visiting Lady Anne's historically significant buildings along the route. The varied nature of this trail makes it appealing to both seasoned walkers and those seeking their first experience of a long distance hike. Starting with easy walking along the banks of the river Wharfe the route then takes a high path over the fells from Wensleydale into Mallerstang with its wild and dramatic scenery. Entering the Eden Valley the trail from Kirkby Stephen to Appleby is along soft flowing rivers leading through scenic villages on the way to Penrith.



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Summary

Why do this walk?

- Walk through the wild and dramatic valleys of Wensleydale and Mallerstang in the Yorkshire Dales.
- Enjoy the scenic villages and lush pastures of the Eden Valley.
- Visit historically significant buildings along the way as the route travels between the castles of Skipton and Brougham.

Essential Info

Grade

Length	6 - 10 nights
Full Route Length	100 miles / 161 km
Shortest Break Length	50 miles / 80 km

Moderate

This route is within the grasp of any reasonably fit walker who can follow a map!

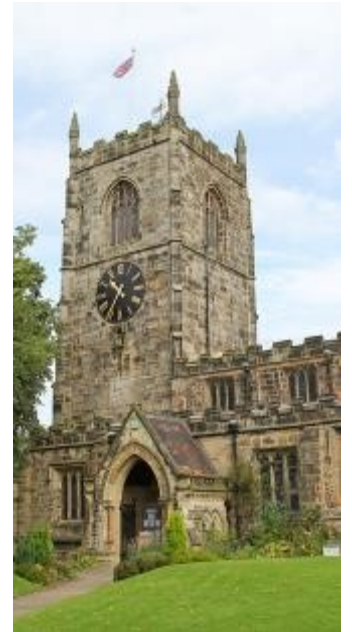
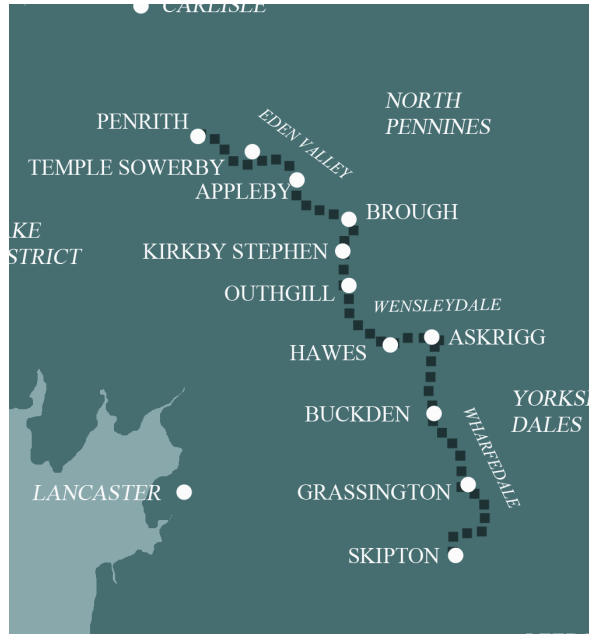


Lady Anne's Way mainly involves valley walking alongside rivers and through woodlands, but it also includes some remoter sections over moorlands.

Terrain: A mixture of wooded valleys, riverside paths, and remoter moorlands. A bit of everything the Dales and Eden Valley have to offer.

What's it like underfoot? The paths and tracks are reasonably well defined and maintained. Sections can be muddy in wet weather.

How Much Up & Down? The route climbs and descends on most days – with three days having up to 300m (1000 ft) of ascent. The maximum altitude is over 460m / 1800ft between Buckden and Askrigg.



Signposting: None. You will need to use your route description and map.

Navigation: The paths are well defined over most of the route, but you will need to be able to use a map and compass in case the mist is down over the moors. On some valley sections the route follows quieter, less travelled footpaths, which can be less well defined at times.

Weather: You may be lucky enough to encounter warm, dry weather over the whole route and enjoy dry paths and tremendous views, but you must be prepared because the weather can change quickly. Good clothing and waterproofs are essential!

Route

Wharfedale: Skipton to Buckden

The route starts at Skipton with its well preserved Medieval castle, the birthplace of Lady Anne Clifford. This section is dominated by the majestic River Wharfe

which you will follow from the imposing ruins of Lady Anne's Barden Tower to the tiny village of Buckden nestling at the foot of Buckden Pike. The trail wanders along by the side of the river before climbing high up onto the fell-side, entering limestone country with superb views across to Littondale and back down into Wharfedale. All along this section of the trail there are plenty of opportunities to buy refreshments in quaint teashops or cosy village inns.

Wensleydale: Buckden to Hawes

The trail leaves Wharfedale behind and crosses the moorland of Stake Allotments on part of an old roman road with stunning views across to Addleborough. The path then drops down into Wensleydale, before entering the charming market town of Askrigg, famous for its use in the television series "All Creatures Great and Small". Now the path follows the River Ure through the quintessential Dales countryside to



Hawes, one of the highest market towns in England.

Lady Anne's Highway and Mallerstang: Hawes to Kirkby Stephen

A dramatic section, this part of the path begins with a climb up onto Cotter End (500m). It then contours round on a ledge above the valley along the "Lady Anne Clifford's Highway". The path follows the headwaters of the River Ure until at Cumbria, or Westmorland as it once was. The trail then picks up the River Eden and descends into the dramatic Mallerstang Common with views across to the imposing Wild Boar Fell. Pleasant valley walking then leads you to Kirkby Stephen.

Upper Eden: Kirkby Stephen to Appleby

Meandering along in the Eden Valley, this is a section of gentle rambling but extensive views steeped in history. After Warcop the trail again follows the River Eden with easy walking through pleasant fields and meadows, to Appleby-in-Westmorland. Appleby is a delightful market town with a castle and keep, moot hall and tree lined green. It owes much to Lady Anne who repaired and maintained several of the buildings and built the charming almshouses. St Lawrence's Church with its cloister arches is worth a visit, as it is here that Lady Anne is buried.



Vale of Eden: Appleby to Penrith

A low level section with lovely vistas of the North Pennine Hills starting with a view up into High Cup Nick and its horseshoe of vertical Whin Sill crags. The trail passes through the timeless red sandstone village of Long Marton and then continues to Kirkby Thore with superb views towards Cross Fell and Wild Boar Fell. From here it is easy walking down to the River Eden once more and the picturesque Ousenstand Bridge, then past Whinfall Forest to Brougham Hall, and on to Brougham Castle. There are extensive ruins here of what was probably

Lady Anne's favourite castle, and where she died in 1676. Nearby is the Countess Pillar erected by Lady Anne to commemorate her mother. The path then meanders along next to the River Eamont and into the bustling market town of Penrith.

Additional Days

We can arrange extra nights at any of the overnight stops, allowing for rest days, or giving you more time to explore the locality. Here are some suggestions:





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Skipton

With its superbly preserved Medieval castle, cobbled streets and location at the southern edge of the National Park, Skipton is known as the Gateway to the Yorkshire Dales.

Skipton is a small, friendly country market town. The market is on 4 days a week. A pretty town to spend some time in, you can tour the well preserved castle, enjoy a boat trip along the canal, or explore the Victorian style shopping arcade.

Hawes

Hawes is a bustling market town, lying in the heart of the Yorkshire Dales National Park and surrounded by spectacular scenery. With many craft workshops, antique and speciality shops and restaurants on offer, it's the perfect place to spend a well-earned rest day.

This picturesque town is home to the famous Wensleydale Cheese and the renowned Dales Countryside Museum. There is still a rope-maker making ropes in the traditional way, and close to Hawes is Hardraw Force, England's highest single-drop waterfall. Visitors can stand on the bridge in the centre of Hawes and watch the Wensley tumble over the waterfall.



Kirkby Stephen

Kirkby Stephen is a traditional market town of historic buildings, cobbled yards, quaint corners and interesting shops. It is surrounded by a landscape of pastoral rural scenery and wild uplands. Being remote from large towns and population centres, Kirkby Stephen has developed a strong and self-sufficient identity and a vibrant sense of community.

Getting There and Away

General travel information for the Lady Anne's Way route will be in your holiday

pack including train and bus timetables where available.

Detailed instructions on getting to your first night's accommodation by car, or on foot from the nearest train or bus station, will also be included in the holiday pack on individual accommodation maps.

To view train times please visit trainline.com where you can also purchase tickets in advance. For information on bus timetables please visit traveline.info



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Getting There:

By Air: The nearest airports are Manchester International (MAN) and Leeds Bradford (LBA). From Manchester you can take a train to Leeds and connect to Skipton from there.

By Public Transport: Skipton has a train station, and is easily accessible from the north and south via Leeds. There are trains from London, which take around four hours.

By Road: Skipton is situated in the Yorkshire Dales on the A65. The nearest city is Leeds (17 miles). There are National Express coach routes to Skipton.

Returning from Penrith:

By Air: There is a railway station in Penrith on the West Coast Mainline, where you can catch trains to airports: Manchester (approx 2 hours), 7 Scottish airports and Liverpool.

By Public Transport: You can take the train from Penrith to Carlisle, and from here it is easy to connect whether you are heading north, east or south. The train from Penrith back to Skipton takes around 2 and a half hours. Alternatively you could catch a bus to Appleby and then take the scenic Carlisle to Settle railway which continues on to Skipton.

By Road: Very close to the M6 motorway, Penrith is also served by National Express Coaches

How our Holidays Work

We specialise in self-guided walks because we think it's the best way to really experience local landscapes, cultures and history. You walk under your own steam, at your own pace, safe in the knowledge that we have organised everything, and help is only a phone call away. We book all your accommodation, move your luggage between overnight stops, provide you with maps and guidebooks and all the details you need for a successful holiday.

Inbuilt Flexibility

Our holidays are designed to be flexible and can therefore be tailored to suit your requirements. If you're looking for something different, or extra, from the holidays described here, give us a ring and we'll do our best to please.

You can start on any day you like and we can arrange extra nights at any of the overnight stops allowing for rest days, or giving you more time to explore the locality. You can book part of a walk if you don't have the time to complete the entire distance.

How to Book

Once you have decided which holiday you wish to book, please fill in the form at the back of this brochure which can then be emailed or posted. We will get in touch with you once we have received your booking to confirm your holiday details.

Alternatively you can either book online using our website at mickledore.co.uk or telephone us during office hours.

Accommodation

Good accommodation and friendly hosts are an essential part of any holiday. We make a special effort to find the hidden gems, as well as keeping a close eye on the quality of the more mainstream accommodation.

As well as visiting the accommodation ourselves, we ask all our customers to complete a short evaluation on each night's accommodation, which then gives us an insight into the day-to-day operation, and lets us spot any potential issues before they become a problem.

One of the great features of our Lady Anne's Way holiday is the quality of the accommodation, including small country house hotels, guest houses, bed and breakfasts and farm house accommodation. In selecting the



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accommodation we look for helpful, friendly hosts with good quality, characterful accommodation close to the trail. Occasionally we may use a chain hotel.

Single Rooms

We are happy to book single rooms on this walk but cannot normally book more than 2 for any one group. Single room bookings include a supplement.

What We Provide

All Holidays

Accommodation Overnight accommodation in selected hotels, farmhouses, village inns, guest houses and family run B&Bs, including a Full English or Continental breakfast.

Guidebook A guidebook with route information, maps, photos and background information.

Information of Services Along the Route

A comprehensive Service Info sheet, including services such as cash points, banks, post offices, village shops, inns, cafes and taxis.

Maps Appropriate maps covering the whole route.

Personal Itinerary A personal itinerary setting out each overnight stop, including large scale maps of each accommodation,

to ensure you find them easily.

Emergency Telephone Support If you get into difficulties during your holiday, we are always available to help, even out of office hours.

12.5% discount at Cotswold Outdoors We will issue you with a 12.5% Discount Card valid at all Cotswold Outdoor stores, and online, for the whole year on confirmation of your booking.

Options

Luggage Transport We will transfer your luggage between each overnight stop – if you leave your luggage at the accommodation when you set off in the morning, it will be moved on to your next B&B. You only need to carry a small day sack with the clothes and provisions you require during the day's walk.

Packed Lunches Provided for each day's walking and recommended on this holiday as there will not always be a handy shop or cafe on the route.

Off Road Parking If you are travelling by car we can usually arrange off road parking for the duration of your trip. (There may be a small charge for this).

Arrangement of return transport We can also arrange your transfer back to your car, (or advise you when public transport is a better option).

What's Not Included

Evening Meals Your evening meal isn't included in the package, but we include full details and recommendations for each evening meal in your itinerary. You will normally be within walking distance of a pub and/or restaurant, or where there is good food available at the accommodation, we'll book that for you.

Transport to the Start & Away from the Finish You will need to pay for your own transport, but we can help you to make arrangements.

Taxi or bus transport along the way If you need to miss a stage you will need to pay for the cost of a bus or taxi, but we can help you to organise it.

Travel Insurance Even if you are based in the UK travel insurance is worth having.



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Prices

Detailed prices for all our holidays are available on the website at mickledore.co.uk

About Mickledore

Mickledore Travel is based in Keswick at the heart of the English Lake District. We are one of the leading specialists in self-guided walking and cycling holidays in the UK, and provide a friendly, professional and flexible service.

We are walkers and cyclists ourselves, so it really matters to us that you have a good holiday. We are still a small business, with a lot of local knowledge, and personal enthusiasm for the outdoors. If you've got any queries, we're always happy to help, so don't hesitate to pick up the phone, drop us an email or visit us in Keswick.

We specialise in UK holidays, and by concentrating on what we consider to be the best routes, we get to know the trails, accommodation, and local area really well.

- All your accommodation has been carefully selected and is regularly monitored.
- We listen to you and tailor each holiday to meet your requirements.
- We have an excellent level of customer service.
- We have 15 years experience, and very

high levels of customer satisfaction.

- Peace of mind – help is only ever a telephone call away.
- We are all outdoor enthusiasts – we know what makes a good holiday, and we want you to have one!
- 15% discount card for all your outdoor
- equipment purchases from Cotswold Outdoors.
- 100% financial protection – in the very unlikely event of Mickledore's financial failure, you receive a full refund.

Book with Confidence

Financial Protection

Your payments are fully protected against our financial failure. We are members of the Association of Independent Tour Operators (AITO), and have arranged bonding through ABTA. This means that in the unlikely event of our financial failure, any monies you have paid to us will be refunded. This bonding is fully compliant with the Package Travel Regulations and provides 100% financial protection.

AITO Quality Statement

Mickledore Travel is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators. It promotes high levels of professionalism and a shared concern for

quality and personal service. The Association encourages the highest standards in all aspects of tour operating.

Mickledore Travel abides by AITO's Code of Conduct and adheres to the Quality Charter which can be viewed at aito.com. Visit the website to find out more about the Association or call 020 8744 9280.

Client Feedback

We are proud of our reputation for quality holidays on the Lady Anne's Way. There are plenty of customer reviews on our website, but here are a couple of comments to give you a flavour:

"We really did have a great time, and we are very satisfied with the arrangements that Mickledore made for us. Thanks for helping to make this a great vacation. We will certainly be in touch next time we decide to take a walking holiday in the UK."

Mrs Janice Farber, New York, USA

"Would you use Mickledore again? No need to ask me this question! Yes, no hesitation. Once again my walking holiday went like clockwork, as it always does when I book through Mickledore."

Mr Clive Thundercliffe, West Yorkshire, UK



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Lady Anne's Way

Skipton to Penrith in 6 Days Walking Code: LA7				Skipton to Penrith in 8 Days Walking Code: LA9				Skipton to Penrith in 9 Days Walking Code: LA10			
		M	km		M	km		M	km		
Day 1	Travel to Skipton for your first night of accommodation			Travel to Skipton for your first night of accommodation			Travel to Skipton for your first night of accommodation				
Day 2	Skipton to Grassington	16	26	Skipton to Grassington	16	26	Skipton to Burnsall	12	19		
Day 3	Grassington to Buckden	12	19	Grassington to Buckden	12	19	Burnsall to Buckden	16	26		
Day 4	Buckden to Hawes	18	29	Buckden to Hawes	18	29	Buckden to Askrigg then transfer to Hawes	12	19		
Day 5	Hawes to Kirkby Stephen	17	27	Hawes to Outhgill then transfer to Kirkby Stephen	12	19	Transfer back to Askrigg then walk to Hawes	6	10		
Day 6	Kirkby Stephen to Appleby	17	27	Transfer back to Outhgill then walk to Church Brough	11	18	Hawes to Outhgill then transfer to Kirkby Stephen	12	19		
Day 7	Appleby to Penrith	20	32	Church Brough to Appleby	11	18	Transfer back to Outhgill then walk to Church Brough	11	18		
Day 8	Depart from Penrith after breakfast			Appleby to Temple Sowerby	10	16	Church Brough to Appleby	11	18		
Day 9				Temple Sowerby to Penrith	12	19	Appleby to Temple Sowerby	10	16		
Day 10				Depart from Penrith after breakfast			Temple Sowerby to Penrith	12	19		
Day 11							Depart from Penrith after breakfast				



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Lady Anne's Way Highlights

The Yorkshire Dales			
Skipton to Kirkby Stephen in 6 Days Walking Code: LAD7			
		miles	Km
Day 1	Travel to Skipton for your first night of accommodation		
Day 2	Skipton to Burnsall	12	19
Day 3	Burnsall to Buckden	16	26
Day 4	Buckden to Askrigg then transfer to Hawes	12	19
Day 5	Transfer back to Askrigg then walk to Hawes	6	10
Day 6	Hawes to Outhgill then transfer to Kirkby Stephen	12	19
Day 7	Transfer back to Outhgill then walk to Kirkby Stephen	5	8
Day 8	Depart from Kirkby Stephen after breakfast		

This is the first half of the Lady Anne's Way, and the most dramatic section through the Yorkshire Dales which will suit those wanting to do the walk in 2 parts. Starting at Lady Anne's birthplace, Skipton Castle, the route follows the river Wharfe through picturesque limestone villages. The trail then takes a high route over the fells from Wensleydale into Mallerstang with its wild and dramatic scenery, finishing in Kirkby Stephen. This is the most challenging section of the Lady Anne's Way but with shorter days.



The Highway and the Vale of Eden			
Hawes to Penrith in 6 Days Walking Code: LAE7			
		miles	Km
Day 1	Travel to Hawes for your first night of accommodation		
Day 2	Hawes to Outhgill then transfer to Kirkby Stephen	12	19
Day 3	Transfer back to Outhgill then walk to Kirkby Stephen	5	8
Day 4	Kirkby Stephen to Church Brough	6	10
Day 5	Church Brough to Appleby	11	18
Day 6	Appleby to Temple Sowerby	10	16
Day 7	Temple Sowerby to Penrith	12	19
Day 8	Depart from Penrith after breakfast		

This is a delightful route that starts from Hawes along the Lady Anne's Highway in the Yorkshire Dales. The trail then leaves the rugged moorlands behind with easy walking along the river Eden through lush green pastures and picturesque villages to finish at Brougham Castle near Penrith. Despite distances being short, there is plenty to see with time to explore the villages, churches and towns enroute, or simply to take in the views along the way.



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Booking Form

Contact Details

Address

Mobile Telephone..... Landline telephone.....

Email..... Emergency Contact no

Your Holiday

Holiday Code..... Holiday Name.....

Date of First Night..... Date of Last Night.....

Party Members

Title	First Name	Last Name	Date of Birth

Options	Rooms Required	Rest Days (give date & location)
Luggage Transport	Y/N No. Double Rooms	
Packed Lunches	Y/N No. Twin Rooms	
Off Street Parking	Y/N No. Single Occupancy Rooms	
Return Transfer required (additional charge)	Y/N	

Comments (special diets, other requirements etc):

Upon receipt of your booking form Mickledore will send by email a confirmation with the full price and 20% deposit cost required. You can pay by card or cheque (GBP only for cheque).

How did you hear about Mickledore Travel?



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